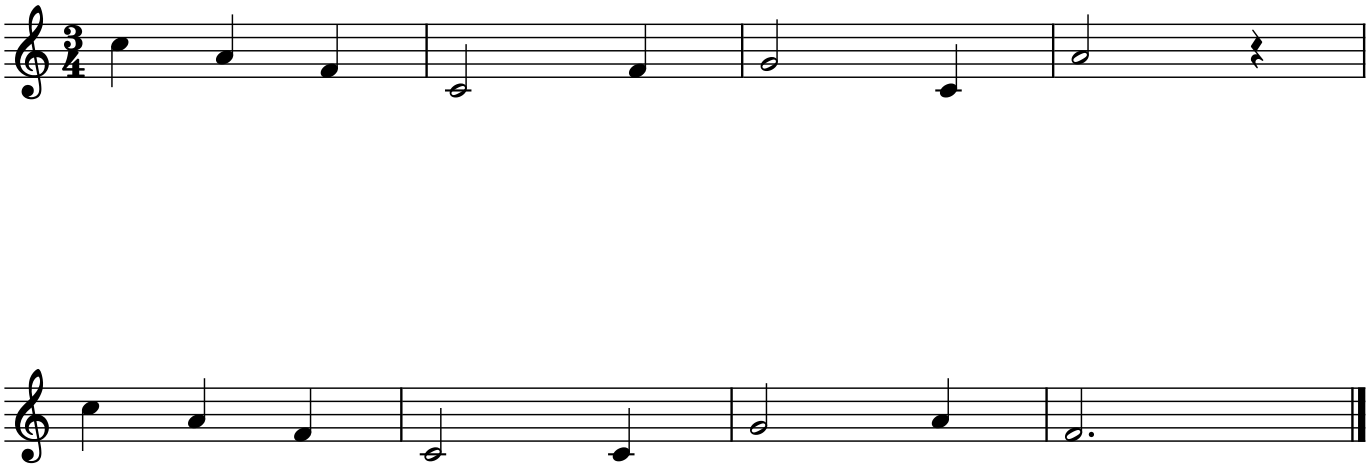Praise for Bread